

# Total Hip Replacement

## Post-operative information: Total Hip Replacement

### **After your Hip Replacement:**

Call us if you have redness or ooze from your incision

Call us if you have new calf pain and swelling

Call us if your local doctor or dentist wants to put you on a course of antibiotics during the first three months after your operation

Always inform other Doctors and Dentists that you have had a Total Hip Replacement before having a procedure and ensure that you receive appropriate antibiotic cover (for at least the first two years)

Always bring your X-rays to follow up appointments

You will need a pair of crutches and an over-toilet frame seat to use at home post-operatively. Get a pick up stick and bring it with you into hospital

### **After your surgery**

You may use one or no crutches as soon as you feel comfortable

You may sleep on your non-operated side with a pillow between your legs once you go home.

You need to follow hip precautions for the first 8 weeks following your surgery

You may start Hydrotherapy once the wound is healed and has been checked.