

After your Knee Replacement

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Call us if you have redness or ooze from your incision

Call us if you have new calf pain and swelling

Call us if your local doctor or dentist wants to put you on a course of antibiotics during the first three months after your operation.

Always inform other Doctors and Dentists that you have had a Total Knee Replacement before having a procedure and ensure that you receive appropriate antibiotic cover (for at least the first two years)

Take ½ aspirin tablet daily for 6 weeks after your operation to help prevent blood clots. Check with your local Doctor that this is safe for you and will not interfere with your normal medications

Always bring your Xrays to follow up appointments

Always do your exercises at home. The success of your new knee depends on your commitment to the rehabilitation program

You may get in a pool or do hydrotherapy when the staples have been removed and the wound is dry